

COASTAL NEIGHBORS NETWORK

Photos from our Opening Celebration September 17 at the Dartmouth YMCA.











Wow! The whole board at CNN is excited that so many people came and felt energized by the celebration of CNN's launch on Sunday, September 17. We feel that way, too! We heard inspiring personal anecdotes from Ben Booth, champion rower and teacher in mind-body arts. There was delicious food from Farm and Coast Market, drinks from CV Liquours and music by the Spindle Rock River Rats. We were honored to have guests from BayCoast Bank, which supported our volunteer training costs with a generous grant of \$2500.

A big thank you to all who attended. We hope you came away with a better understanding of what Coastal Neighbors is about - and why you might want to become involved as a member or volunteer. While we don't yet have many service requests from members, we have lots to do in order to continue to build the organization and to ensure it is a permanent resource in our town. Perhaps you will help us do that.

## **Upcoming Events**

## Join us for the Atul Gawande live stream on September 25!

Beacon Hill Village, the very first "virtual village" of the national aging in place movement, is 15! It is celebrating those 15 years by acknowledging the tremendous growth in the area of "purposeful aging," the idea that as we get older we can stay involved in our community, stay safe in our own homes, and stay connected with each other through our area village. All of the more than 350 villages across the country, including our Coastal Neighbors Network, have been invited to access a live-streamed talk by Atul Gawande, a Boston surgeon, writer and public health researcher.

## Please join us

**WHERE** Friends Academy

**WHEN** Monday, the 25th of September

**TIME** 5:00 to 7:00 PM

**WHAT** Atul Gawande's talk followed by refreshments and discussion

REGISTER HERE

## **Volunteering for Coastal Neighbors Network**

We need volunteers with many different interests and talents to help us make CNN what our members want it to be. Come share your ideas and find out how you can contribute to the community. Please attend the volunteer information session we are holding on Thursday, October 5 at 9:30 AM at Dartmouth Town Hall Room 103.

**REGISTER HERE** 

Your friendly CNN Board,

Kate Fentress, Chair Gretchen Graef Steve Kiechel

Richard Murdock, Vice-Chair Margot Hand Lisa Mellgard

Nancy Kurtz, Secretary/Treasurer Margaret Jones Janet Sherwood

The Mission of Coastal Neighbors Network is to enable Dartmouth residents age 50 and over to remain at home and to stay connected through a range of services provided by volunteers and approved vendors. We are a non-profit membership organization dedicated to the concept of Aging in Place.

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Our mailing address is: Coastal Neighbors Network P. O. Box 80073 South Dartmouth, MA 02748

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